Elementary Schools

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 Chicken \& Cheese Quesadilla with Mexican Rice and Beans <br> Grilled Cheese | Beef \& Broccoli Over Lo Mein Noodles <br> Grilled Cheese | Pizzeria Pizza w/ Mixed Vegetable <br> Grilled Cheese |
| Half -Day No Lunch Service | Beef Enchilada w/ Local Scallions \& Rice and Beans <br> Four Cheese Enchiladas w/ Rice and beans | 8 <br> Sausage, Egg and Cheese on ww Kaiser Roll w Hash Browns <br> Cheese Quesadilla | 9 <br> Macaroni and Cheese w Dinner Roll | 10 Pizzeria Pizza w /Salad <br> Cheese Quesadilla |
| BBQ Beef Ribbie on Hero Roll w Fries \& vegetables <br> Tuna Salad Sandwich on ww Kaiser | Beef Hamburger w Baked Waffle Fries <br> Tuna Salad Sandwich on ww Kaiser | 15 <br> Chicken Nuggets w Mashed Potato <br> Tuna Salad Sandwich on ww Kaiser | 16 <br> Pancakes w Turkey Sausage Links <br> Tuna Salad Sandwich on ww Kaiser | 17 <br> Pizzeria Pizza w /Salad <br> Tuna Salad Sandwich on ww Kaiser |
| 20 <br> Breaded Chicken Patty on a Roll w/ Tater Tots <br> Grilled Cheese w/ Soup | 21 <br> Cheeseburger on a <br> Roll w/ Lettuce and Tomato <br> Grilled Cheese w/ Soup | 22 <br> Pizza Crunchers w/Dinner Roll and Vegetable <br> Grilled Cheese w/ Soup | 23 <br> Meatball Parmesan Hero w/ Green Beans <br> Grilled Cheese w/ Soup | 24 <br> School Closed <br> Emergency Day Giveback - <br> Schools closed |
|  | ${ }^{28}$ Cheeseburger on ww Bun <br> Stuffed Shells w Marinara Sauce and Dinner Roll | 29 <br> Sweet n Sour Chicken w Vegetable Fried Rice and Fortune Cookie <br> Stuffed Shells w Marinara Sauce and Dinner Roll | 30 <br> French Toast Sticks turkey Sausage Links <br> Stuffed Shells w Marinara Sauce and Dinner Roll | 31 <br> Pizzeria Pizza w/ Mixed Vegetable <br> Stuffed Shells w Marinara Sauce and Dinner Roll |

## ALSO AVAILABLE DAILY

## Turkey \& American Cheese Sandwich

SALAD LUNCH (each salad includes a Whole Wheat Dinner Roll) Breaded Chicken, cheese, Lettuce, Tomato Salad

## BAGEL \& YOGURT MEAL

Bagel w/ Cream Cheese, Yogurt, Cheese Stick
\& a Trip to The Farm Stand
Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

## A Complete Lunch Includes:

 Entrée (with Protein/Grain)Trip to The Farm Stand (students must select at least a serving of fruit or vegetable)
Milk Choice: $1 \%$ White, Skim, or Non-Fat Flavored
Menu Subject to Change
Your comments are important to us. Please e-mail us at comments@pomptonian.com

